

KING DONIERT'S STONE

Park: Golitha Falls car park (free)

Grid Ref: SX228689

what3words: streetcar.deliver.templates

Distance: About 2 1/4 miles (about 1hr 15mins)

Walk Outline: A circular walk from Golitha Falls car park, across Bulland Downs and climbing to visit King Doniert's Stone, before dropping down to Lower Treworick Farm and returning via Redpath.

Notes: This walk is currently very wet in places; wellies are essential!

There are several stiles, not all of which are dog-friendly, so some lifting may be required. Lambing season has begun: Please keep your dogs on a lead in fields/near stock.

COVID-19: Please be mindful of the current restrictions. This walk can form part of your daily exercise, with others from your immediate 'bubble', or one other person. Please keep an appropriate distance with anyone you might meet.

Gospel verses to think about: Mark 1.12-13: *And the Spirit immediately drove him out into the wilderness. He was in the wilderness for forty days, tempted by Satan; and he was with the wild beasts; and the angels waited on him.*

Thoughts:

We are all tempted by different things - it's part of our human condition. Some seek power, wealth, or desire to be respected - celebrity or 'greatness'. Today we will see part of a large 9th century cross, commissioned by Doniert, possibly a local ruler, but probably this is the only mark he left.

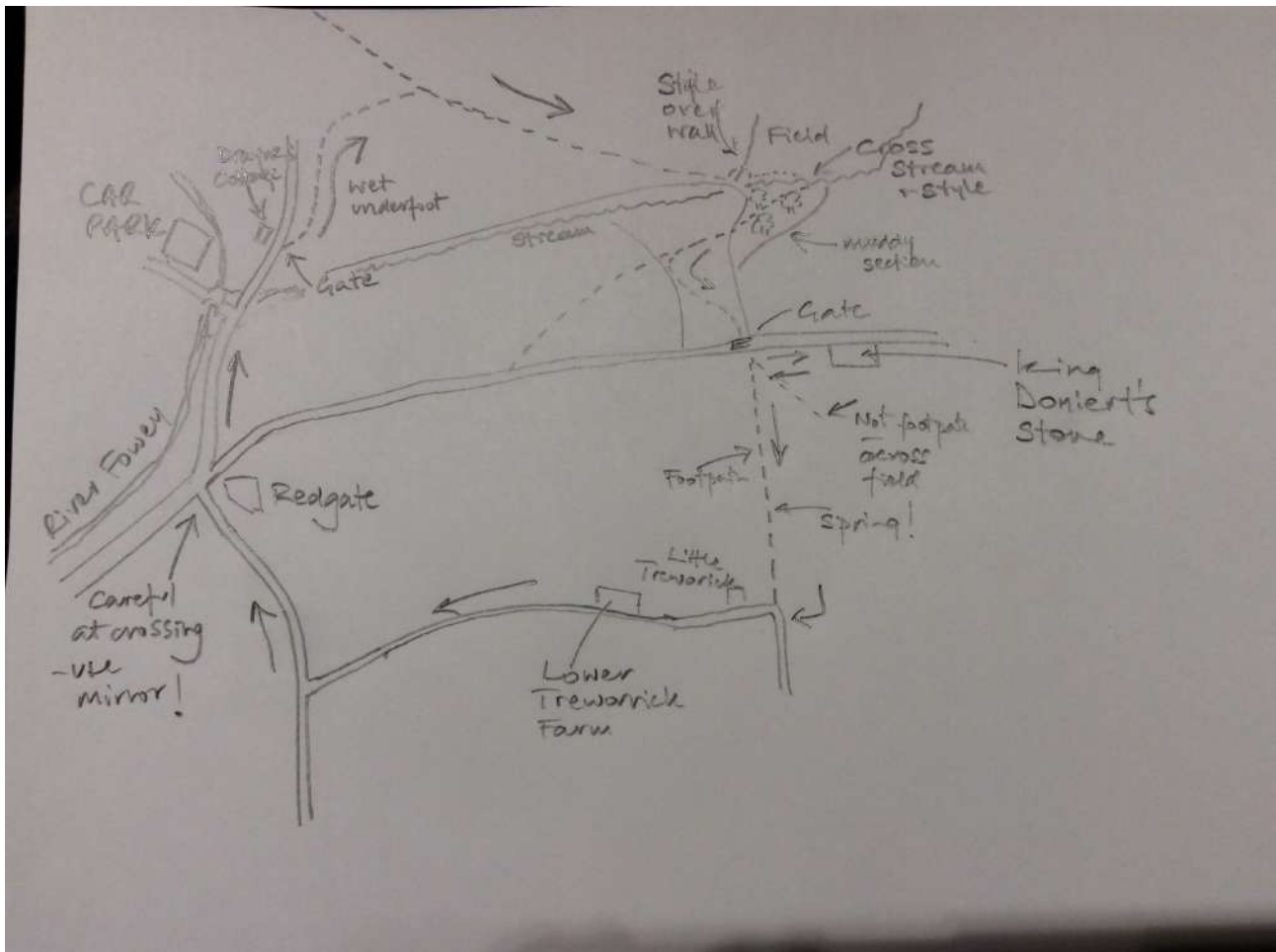
At the stone, read the poem Ozymandias, by Percy Bysshe Shelley, and then reflect on what, when our lives are over, our earthly journeys complete, we would like to be remembered for? Will we be known for what has tempted or seduced us, or the 'good things' - for what we have achieved, even the small things, or the quality of our relationships? This might be something to think about, or discuss, as you walk the route.

Psalm verses to repeat as you walk: Psalm 25, verses 9 and 10:

All the paths of the Lord are mercy and truth
to those who keep his covenant and his testimonies.
For your name's sake, O Lord,
be merciful to my sin, for it is great.

Directions:

1. From the car park, set out to the left and cross Draynes Bridge over the River Fowey. Turn immediately left and look for the Footpath sign on the right, opposite Draynes Cottage. The footpath climbs gradually, with the hedge on the left (it's very wet underfoot). After about 200m, follow the path to the right, directly up the hill, until you join a wide grassy waymarked path. Alternatively, continue up the road past Draynes cottage and join the waymarked path to the right, after about 200m.
2. Turn right onto the waymarked path across Bulland Down and follow as it leads gently downhill into woodland. Once the path draws alongside a stream, climb over the stile set into the stone wall then, keeping the stream on the right, walk about 50m, cross the stream and then climb into the woodland over the stile on the right (almost doubling back on yourself).
3. This next section is very muddy! Follow the path as it climbs through the woods and when you get to a Cornish hedge bear left, uphill. After about 100m, the path weaves to the left (and is



partially blocked by a recently fallen tree, but you can clamber round it). Before long, the path falls in with the opposite field boundary and continues uphill to a gate, opening directly onto the Minions road. (Beware of fast-moving traffic!)

4. Turn left and walk the 50m to King Doniert's Stone.
5. Take a moment or two to read the information board about the stones. The inscription on the smaller of the 9th century stones translates as "Doniert has asked [for this to be made] for his soul[’s sake]" - it is probably all we know about King Doniert and his life.

Ozymandias, by Percy Bysshe Shelley

I met a traveller from an antique land,
 Who said—"Two vast and trunkless legs of stone
 Stand in the desert. . . . Near them, on the sand,
 Half sunk a shattered visage lies, whose frown,
 And wrinkled lip, and sneer of cold command,
 Tell that its sculptor well those passions read
 Which yet survive, stamped on these lifeless things,
 The hand that mocked them, and the heart that fed;
 And on the pedestal, these words appear:
 My name is **Ozymandias**, King of Kings;
 Look on my Works, ye Mighty, and despair!
 Nothing beside remains. Round the decay
 Of that colossal Wreck, boundless and bare
 The lone and level sands stretch far away."

6. Retrace your steps on the road back to the Footpath sign on the left, and join the pretty green lane path. This straight path gradually slopes downwards and becomes wetter as you

descend, with a stream emptying onto the path, which finally opens onto a lane at Little Treworrick Farm.

7. Turn right, past Little, then Lower Treworrick (you may meet some of the 'girls' at milking time) and follow the lane downhill. Enjoy the daffodils on the lane banks, and the view down the valley towards Liskeard. This might also be a good place to pause and reflect.
8. At the bottom of the lane, turn right at the T-junction and walk up the hill to Redgate. At the junction cross the Minions road again (be very careful, use the mirror) and walk downhill towards Draynes Bridge. After 300m turn left to cross the bridge and return to the car park.