

St Neot Walk to Holy Well

Walk Outline:

This walk is well known to those who live here. It is designed for those who seek to walk as part of their Lenten discipline on a fairly flat and less strenuous route.

Notes:

This walk is on a made up road/track, with a cattle grid about half way along it. If you wish to walk up to the well you would be well advised to wear wellies.

Gospel verse to think about: Mark 1. verses 9-12

At that time Jesus came from Nazareth in Galilee and was baptised by John in the Jordan. ¹⁰ Just as Jesus was coming up out of the water, he saw heaven being torn open and the Spirit descending on him like a dove. ¹¹ And a voice came from heaven: "You are my Son, whom I love; with you I am well pleased."

Thoughts:

Whether you walk up to the well or pause by the banks of the Loveny with the well in sight, close your eyes and listen to the water flowing. At the well the water is less turbulent, but by no means still. Think about the refreshing, cleansing, reviving, life giving water that has been drawn from this well by those who have lived here long before us. Not least St Neot and those who knew him. Sense crowds gathering as baptisms were celebrated at this place. Imagine this place in our village as a meeting place where lives were refreshed in many ways. Think about your own life and the refreshing moments that supported you. Think about the relationships that have been significant your life and the lives in which you have played a significant role. Can you hear the voice of God in the rushing of the refreshing, renewing water:

"You are my son/daughter, whom I love; with you I am well pleased."

Psalm Verse to consider repeating as you walk: Psalm 25.v 1

*To you, O Lord, I lift up my soul:
O my God in you I trust.*

Directions:

From your home walk to Malcolm's shop and head down the laneway directly opposite. As you walk towards the cattle grid, consider picking up a pebble to use like a 'prayer stone' between your fingers, perhaps using the Psalm verse above as you walk.

After you have crossed the cattle grid, consider pausing to listen to the water above the sounds of village life.

Make your way to the Holy Well. It will be too wet to sit and rest, but consider pausing long enough to open the door and if you can, use a splash of water on your face, or to mark a cross on your forehead.

Return at your leisure taking account of what you are feeling now.